



**2018 TWINSBURG SHORT COURSE YARDS (SCY) SWIM MEET**  
**Twinsburg Fitness Center**  
**10084 Ravenna Road, Twinsburg, OH 44087**  
**MARCH 10 - 11, 2018**

**USMS SANCTION: # 188-S003**

- DATES** Sat., March 10, 2018. Warm-ups: 2:00 p.m. Deck entries until 2:50 p.m. Meet: 3:00 p.m.  
Sun., March 11, 2018. Warm-ups: 9:00 a.m. Deck entries until 9:50 a.m. Meet: 10:00 a.m.
- POOL** The swim meet will be held in a 326,000 gallon pool located at the Twinsburg Fitness Center located at 10084 Ravenna Road, Twinsburg, Ohio near the Twinsburg Public Library and Twinsburg High School. The pool has six 25 yard lanes with anti-turbulent lane lines and automatic timing. Adjacent to the competition pool is a large pool for warm ups. Warm ups will be held in the sixth lane during the meet if the warm up pool is unavailable. The length of the competition course without a bulkhead will be in compliance and on file with USMS in accordance with articles 105.1.7 and 107.2.1. The primary timing system will be a Colorado 6 automatic timing system with touchpad finishes. Times may be submitted for USMS records and USMS Top 10 times.
- LOCATION** The Twinsburg Fitness Center is attached to the Twinsburg High School and adjacent to the Twinsburg Public Library. Entrance to the fitness center is on the southwest side of the high school/fitness center complex. Parking is just to the west of the entrance to the fitness center.
- The Twinsburg Fitness Center is easily accessible from state route 480 going northwest or southeast. Take the East Aurora Road exit from state route 480 and proceed east approximately a half mile. Turn north on Darrow Road and proceed about one quarter block. Turn left on Ravenna Road and proceed northwest about a mile. Turn left at the entrance to the Twinsburg Public Library and proceed to the southern end of its parking lot. Turn right and proceed west along the southern boundary of the fitness center until you reach the parking lot at the western corner of the fitness center. You can also proceed past the entrance to the public library and turn left into the entrance for the Twinsburg High School. Proceed west, then south along the perimeter of the high school until you reach the parking lot at the south west corner of the complex.
- ELIGIBILITY** 2018 U.S. Masters Swimming rules will govern conduct of the meet. Because of insurance requirements, **all swimmers must be registered U.S. Masters Swimmers**. If not registered, swimmers can register online with USMS after the entry due date or at the meet, but swimmers must be USMS registered before swimming any events. The USMS Release of Liability must be signed electronically during online meet entry or must be signed on paper for mailed entries. **Please send a copy of your USMS card with your mailed entry. Limit 6 individual events per day. Only swimmers entered in the meet can participate in relays.**
- AGE GROUPS** Age of competitors on March 10, 2018 will determine age group. Age groups are: 18-24, 25-29, 30-34, . . . , 80-84, 85-89, etc. For relays: age group is determined by the youngest swimmer: 18+, 25+, 35+, 45+, etc. Only registered clubs can enter relays. Relay only swimmers need only complete the entry form and pay the surcharge fee.
- AWARDS** Individual events: first-place medal, second, third, fourth, fifth, and sixth-place ribbons. Relays: first place ribbons. For those who have too many medals and ribbons, we offer alternate awards – coupons – for first, second and third place in individual events and first place in relays.
- SEEDING** Heats will be formed by submitted times, regardless of age or sex, and progress from fast to slow to "No Time" and deck entries. Relays are entered and seeded on deck only.
- DEADLINE** Online registration is offered on ClubAssistant.com. Online entries will close at 6 p.m. on Friday, March 9, 2018. Paper entries must be received by the Meet Director by Wednesday, March 7, 2018. Deck entries will be accepted until 9:50 a.m. on Sunday, except for event 19 (500 yd. Freestyle). Relays are deck entry only.

**ENTRIES FEES****1 DAY ONLINE ENTRIES**

O\*H\*I\*O Masters Members: \$25.00  
 Non-O\*H\*I\*O Masters Member: \$35.00

**2 DAY ONLINE ENTRIES**

O\*H\*I\*O Masters Members: \$35.00  
 Non-O\*H\*I\*O Masters Member: \$45.00

ONE DAY Deck Entries: \$50.00

**1 DAY PAPER ENTRIES**

O\*H\*I\*O Masters Members: \$30.00  
 Non-O\*H\*I\*O Masters Member: \$40.00

**2 DAY PAPER ENTRIES**

O\*H\*I\*O Masters Members: \$40.00  
 Non-O\*H\*I\*O Masters Member: \$50.00

TWO DAY Deck Entries: \$75.00

MAXIMUM 6 INDIVIDUAL EVENTS PER DAY - Relays are free

Swimmers age 80 or over may enter the swim meet at no cost. However, mail in entries must be used. Do not use ClubAssistant to enter the meet.

Swimmers entering an O\*H\*I\*O Masters swim meet for the first time are entitled to a free t-shirt. Please specify if you want a medium, large or extra large t-shirt when entering using ClubAssistant or a mail in entry.

Online entries are paid by credit card to ClubAssistant.com and your credit card will be charged by "ClubAssistant.com Event Billing" for this swim meet. For mailed entries, make checks payable to **O\*H\*I\*O Masters Swim Club** and mail to **Meet Director, P.O. Box 43824, Cleveland, Ohio 44143**. Online entries are cost effective and strongly recommended.

**SATURDAY EVENTS** - We offer events on late Saturday afternoon to allow people to swim events that would otherwise be too close together on Sunday. A stroke and distance swim on Saturday may not be repeated the next day. Results of the Saturday events are combined with the results on Sunday.

**ORDER OF EVENTS****Saturday, 3 p.m., March 10, 2018**

1. 50 yd Freestyle
2. 50 yd Backstroke
3. 50 yd Breaststroke
4. 50 yd Butterfly
5. 400 yd Individual Medley
6. 100 yd Freestyle
7. 100 yd Backstroke
8. 100 yd Breaststroke
9. 100 yd Butterfly

**SATURDAY EVENTS MAY NOT BE REPEATED ON SUNDAY**

10. 100 yd Individual Medley
11. 200 yd Freestyle
12. 200 yd Backstroke
13. 200 yd Breaststroke
14. 200 yd Butterfly
15. 200 yd Individual Medley
16. 800 yd Freestyle Relay
17. 1,000 yd Freestyle
18. 1,650 yd Freestyle

Note 1 – Do not enter both events 17 and 18

**Sunday, 10 a.m., March 11, 2018**

- |   |  |
|---|--|
| <ol style="list-style-type: none"> <li>*19. 500 yd Freestyle</li> <li>20. 200 yd Butterfly</li> <li>21. 400 yd Free Relay</li> <li>22. 100 yd Backstroke</li> <li>23. 50 yd Freestyle</li> <li>24. 200 yd Breaststroke</li> <li>25. 200 yd Medley Relay</li> <li>26. 50 yd Butterfly</li> <li>27. 100 yd Freestyle</li> <li>28. 200 yd Individual Medley</li> </ol> | <ol style="list-style-type: none"> <li>29. 100 yd Breaststroke</li> <li>30. 50 yd Backstroke</li> <li>31. 100 yd Butterfly</li> <li>32. 200 yd Free Relay</li> <li>33. 200 yd Freestyle</li> <li>34. 50 yd Breaststroke</li> <li>35. 200 yd Backstroke</li> <li>36. 100 yd Indiv. Medley</li> <li>37. 400 yd Medley Relay</li> </ol> |
|---|--|

Note 2 - No deck entries for event 19

**MEET DIRECTOR** Kevin McCardle/ Tom Gorman

**RESULTS will be posted on [www.ohiomasters.com](http://www.ohiomasters.com) usually within a day or two.**

# MAIL IN ENTRY FORM

**2018 TWINSBURG SHORT COURSE YARDS (SCY) SWIM MEET**  
**TWINSBURG FITNESS CENTER, TWINSBURG, 10084 RAVENNA ROAD, TWINSBURG, OHIO 44087**  
**MARCH 10 - 11, 2018**  
**USMS SANCTION: # 188-S003**

NAME \_\_\_\_\_ SEX \_\_\_\_ AGE ON Mar. 10, 2018 \_\_\_\_ BIRTHDATE \_\_\_\_\_  
 ADDRESS \_\_\_\_\_ CITY \_\_\_\_\_ STATE \_\_\_\_ ZIP \_\_\_\_\_  
 PHONE \_\_\_\_\_ TEAM \_\_\_\_\_ or UNattached \_\_\_\_ USMS # \_\_\_\_\_ (with copy of card)

**Saturday, 3 p.m., Mar 10, 2018 SATURDAY EVENTS MAY NOT BE REPEATED ON SUNDAY**

- |                               |   |
|-------------------------------|---|
| 1. 50 yd Freestyle _____      | 10. 100 yd Indiv. Medley _____          |
| 2. 50 yd Backstroke _____     | 11. 200 yd Freestyle _____              |
| 3. 50 yd Breaststroke _____   | 12. 200 yd Backstroke _____             |
| 4. 50 yd Butterfly _____      | 13. 200 yd Breaststroke _____           |
| 5. 400 yd Indiv. Medley _____ | 14. 200 yd Butterfly _____              |
| 6. 100 yd Freestyle _____     | 15. 200 yd Indiv. Medley _____          |
| 7. 100 yd Backstroke _____    | 16. 800 yd Freestyle Relay XXXXXXXXXXXX |
| 8. 100 yd Breaststroke _____  | 17. 1,000 yd Freestyle _____            |
| 9. 100 yd Butterfly _____     | 18. 1,650 yd Freestyle _____            |

**Sunday, 10 a.m., March 11, 2018**

- |                                      |                                      |
|--------------------------------------|--------------------------------------|
| 19. 500 yd Freestyle _____           | 29. 100 yd Breaststroke _____        |
| 20. 200 yd Butterfly _____           | 30. 50 yd Backstroke _____           |
| 21. 400 yd Free Relay XXXXXXXXXXXX   | 31. 100 yd Butterfly _____           |
| 22. 100 yd Backstroke _____          | 32. 200 yd Free Relay XXXXXXXXXXXX   |
| 23. 50 yd Freestyle _____            | 33. 200 yd Freestyle _____           |
| 24. 200 yd Breaststroke _____        | 34. 50 yd Breaststroke _____         |
| 25. 200 yd Medley Relay XXXXXXXXXXXX | 35. 200 yd Backstroke _____          |
| 26. 50 yd Butterfly _____            | 36. 100 yd Indiv. Medley _____       |
| 27. 100 yd Freestyle _____           | 37. 400 yd Medley Relay XXXXXXXXXXXX |
| 28. 200 yd Indiv. Medley _____       |                                      |

**Entry Fees**

Paper Entries - O\*H\*I\*O Masters Members (1 day entry \$30, 2 day entry \$40) = \_\_\_\_\_  
 Paper Entries - Non-O\*H\*I\*O Masters Members (1 day entry \$40, 2 day entry \$50) = \_\_\_\_\_  
 Deck Entries – 1 day entry \$50, 2 day entry \$75 = \_\_\_\_\_

- I am a swimmer 80 years of age or over and am entering the swim meet at no cost.
- This is my first time entering an O\*H\*I\*O Masters Swim Meet. Please select t-shirt size below...
- Medium
  - Large
  - Extra Large

**Deadline:** Paper entries must be received by Wednesday, March 7, 2018. For paper entries make checks payable to: **O\*H\*I\*O MASTERS SWIM CLUB**. Mail to: Meet Director, P.O. Box 43824, Cleveland, Ohio 44143

**Please read and sign the “Participant Waiver and Release of Liability, Assumption of the Risk and Indemnity Agreement on the next page.**



## PARTICIPANT WAIVER AND RELEASE OF LIABILITY, ASSUMPTION OF RISK AND INDEMNITY AGREEMENT

For and in consideration of United States Masters Swimming, Inc. ("USMS") allowing me, the undersigned, to participate in any USMS sanctioned or approved activity, including swimming camps, clinics, and exhibitions; learn-to-swim programs; swimming tryouts; fitness and training programs (including dryland training); swim practices and workouts (for both pool and open water); pool meets; open water competitions; local, regional, and national competitions and championships (both pool and open water); and related activities ("Event" or "Events"); I, for myself, and on behalf of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns, hereby agree to and make the following contractual representations pursuant to this Waiver and Release of Liability, Assumption of Risk and Indemnity Agreement (the "Agreement");

- I hereby certify and represent that (i) I am in good health and in proper physical condition to participate in the Events; and (ii) I have not been advised of any medical conditions that would impair my ability to safely participate in the Events. I agree that it is my sole responsibility to determine whether I am sufficiently fit and healthy enough to participate in the Events.
- I acknowledge the inherent risks associated with the sport of swimming. I understand that my participation involves risks and dangers, which include, without limitation, the potential for serious bodily injury, sickness and disease, permanent disability, paralysis and death (from drowning or other causes); loss of or damage to personal property and equipment; exposure to extreme conditions and circumstances; accidents involving other participants, event staff, volunteers or spectators; contact or collision with natural or manmade objects; dangers arising from adverse weather conditions; imperfect water conditions; water and surface hazards; facility issues; equipment failure; inadequate safety measures; participants of varying skill levels; situations beyond the immediate control of the Event organizers; and other undefined, not readily foreseeable and presently unknown risks and dangers ("Risks"). I understand that these Risks may be caused in whole or in part by my own actions or inactions, the actions or inactions of others participating in the Events, or the negligent acts or omissions of the Released Parties defined below, and I hereby expressly assume all such Risks and responsibility for any damages, liabilities, losses or expenses that I incur as a result of my participation in any Events.
- I agree to be familiar with and to abide by the Rules and Regulations established by USMS, including any safety regulations. I accept sole responsibility for my own conduct and actions while participating in the Events.
- I hereby Release, Waive and Covenant Not to Sue, and further agree to Indemnify, Defend and Hold Harmless the following parties: USMS, its members, clubs, workout groups, event hosts, employees, and volunteers (including, but not limited to, event directors, coaches, officials, judges, timers, safety marshals, lifeguards, and support boat owners and operators); the USMS Swimming Saves Lives Foundation; USMS Local Masters Swimming Committees (LMSCs); the Event organizers and promoters, sponsors and advertisers; pool facility, lake and property owners or operators hosting the Events; law enforcement agencies and other public entities providing support for the Events; and each of their respective parent, subsidiary and affiliated companies, officers, directors, partners, shareholders, members, agents, employees, and volunteers (individually and collectively, the "Released Parties"), with respect to any liability, claim(s), demand(s), cause(s) of action, damage(s), loss or expense (including court costs and reasonable attorneys' fees) of any kind or nature ("Liability") which may arise out of, result from, or relate in any way to my participation in the Events, including claims for Liability caused in whole or in part by the negligent acts or omissions of the Released Parties.
- I further agree that if, despite this Agreement, I, or anyone on my behalf, makes a claim for Liability against any of the Released Parties, I will indemnify, defend and hold harmless each of the Released Parties from any such Liabilities which any may be incurred as the result of such claim.

I hereby warrant that I am of legal age and competent to enter into this Agreement, that I have read this Agreement carefully, understand its terms and conditions, acknowledge that I will be giving up substantial legal rights by signing it (including the rights of my spouse, children, heirs and next of kin, and any legal and personal representatives, executors, administrators, successors, and assigns), acknowledge that I have signed this Agreement without any inducement, assurance, or guarantee, and intend for my signature to serve as confirmation of my complete and unconditional acceptance of the terms, conditions and provisions of this Agreement. This Agreement represents the complete understanding between the parties regarding these issues and no oral representations, statements, or inducements have been made apart from this Agreement. If any provision of this Agreement is held to be unlawful, void, or for any reason unenforceable, then that provision shall be deemed severable from this Agreement and shall not affect the validity and enforceability of any remaining provisions.

Last Name	First Name	MI	Sex (circle) M      F	Date of Birth (mm/dd/yy)
Street Address, City, State, Zip				
Signature of Participant			Date Signed	