



**2012 PIETER CATH MEMORIAL INTER-SQUAD MEET
SHORT COURSE YARDS
LAKEWOOD HIGH SCHOOL NATATORIUM
LAKEWOOD, OHIO
USMS Sanction #18-012912-SCY**

- DATE** Sunday, Jan 29, 2012. Warm-ups start at 8:00 a.m. Event #1 (500 yard freestyle) will start at 9:00 a.m. Event #2 will start at 9:45 a.m. or later. Deck entries should be in no later than 9:00 a.m.
- LOCATION** The Natatorium is attached to Lakewood High School on Robinwood Ave. From I-90 (east or west) exit at Bunts Road. Proceed north on Bunts to Madison Ave. Turn left at Madison and proceed west to Robinwood (first street). Turn right on Robinwood Ave. and proceed to the end where the pool lobby entrance is immediately in front. Parking is available on either side.
- POOL** The pool is an 8 lane, 25 yard pool with anti-turbulent lane lines and Colorado system automatic timing. An adjacent separate diving well will be available for warm-up during the meet.
- MOTEL** Lakewood Manor Motel is near the pool. It is located at 12019 Lake Ave., Lakewood, Ohio, 216-226-4359.
- ELIGIBILITY** 2012 U.S. Masters Swimming rules will govern conduct of the meet. Because of insurance regulations, all swimmers must be registered U.S. Masters Swimmers. Applications for 2012 registration will be available at the meet (\$40.00). For another \$5.00 you can become a member of O*H*I*O Masters Swim Club. Please send a copy of your USMS card with your entry form. Only swimmers entered in the meet can participate in relays.
- AGE GROUPS** Age of competitors on Jan. 29, 2012 will determine age group. Age groups are: 19-24, 25-29, 30-34, 35-39, etc. For relays, age group is determined by the age of the youngest swimmer in the team (i.e. 19+, 25+, 35+, 45+, etc.). All relays can be swum with 4 women, 4 men, or mixed (2 women and 2 men). Relay only swimmers need only to complete the entry form and pay the surcharge fee.
- AWARDS** Individual events: First-place medal, second and third -place ribbons. Relays: first, second, and third-place ribbons. For those who have too many medals and ribbons, we offer alternative awards – coupons – for first, second and third place in individual events and first place in relays.
- DEADLINE** Entries for individual events must be received by January 25, 2012. Deck entries for individual events will be accepted until 9:00 a.m. on Sunday.
- FEES** Fees must accompany entry forms. Individual events: \$5.00. Relays: No charge. Surcharge for electronic timing: \$5.00. Deck entries: \$6.00 per event. Make checks payable to: **O*H*I*O MASTERS SWIM CLUB** and mail to: **Meet Director, P.O. Box 43824, Cleveland, Ohio 44143**
- SOCIAL** Details will be available at the meet.
- MEET DIRECTORS:** Kevin McCardle, Tom Gorman
- RESULTS** will be posted on www.ohiomasters.com usually within three or four days.

ENTRY FORM
2012 PIETER CATH MEMORIAL INTER-SQUAD MEET (SCY)
LAKEWOOD HIGH SCHOOL NATATORIUM, LAKEWOOD, OHIO
January 29, 2012

NAME _____ SEX ____ AGE ____ BIRTHDATE _____

ADDRESS _____ CITY _____ STATE ____ ZIP _____

PHONE _____ TEAM _____ or UNattached ____ USMS # _____

(send copy of card)

Event 1 starts 9:00 a.m. Event 2 starts 9:45 or later.

- | | |
|--|---------------------------------------|
| 1. 500 YD. FREESTYLE _____
(No deck entries for this event) | 12. 50 YD. BREASTSTROKE _____ |
| 2. 200 YD. BUTTERFLY _____ | 13. 400 YD. FREE RELAY XXXXXXXXXXXX |
| 3. 200 YD. MEDLEY RELAY XXXXXXXXXXXX | 14. 400 YD. I.M. RELAY XXXXXXXXXXXX |
| 4. 200 YD. BACKSTROKE RELAY XXXXXXXXXXXX | 15. 50 YD. BUTTERFLY _____ |
| 5. 50 YD. FREESTYLE _____ | 16. 100 YD. BREASTSTROKE _____ |
| 6. 200 YD. BREASTSTROKE _____ | 17. 200 YD. FREESTYLE _____ |
| 7. 50 YD. BACKSTROKE _____ | 18. 100 YD. INDIV MEDLEY _____ |
| 8. 100 YD. BUTTERFLY _____ | 19. 100 YD. BACKSTROKE _____ |
| 9. 200 YD. INDIV MEDLEY _____ | 20. 200 YD. FREE RELAY XXXXXXXXXXXX |
| 10. 100 YD. FREESTYLE _____ | 21. 200 YD. BREAST RELAY XXXXXXXXXXXX |
| 11. 200 YD. BACKSTROKE _____ | 22. 200 YD. FLY RELAY XXXXXXXXXXXX |

ENTRY FEES: Individual events _____ x \$ 5.00 = \$ _____
Deck Entries _____ x \$ 6.00 = \$ _____
Surcharge (includes relay only swimmers) \$ 5.00
Discount (O*H*I*O members only) -\$5.00 = \$ _____ (not for deck entries)
TOTAL: \$ _____

There is no charge for relay events.

Make checks payable to: **O*H*I*O MASTERS SWIM CLUB** and mail to **Meet Director, P.O. Box 43824, Cleveland, Ohio 44143**

DEADLINE: Wednesday, January 25, 2012

Release by Participant from Liability:

I, the undersigned participant, intending to be legally bound, hereby certify that I am physically fit and have not been otherwise informed by a physician. I acknowledge that I am aware of all the risks inherent in Masters Swimming (training and competition), including possible permanent disability or death, and agree to assume all of those risks. AS A CONDITION OF MY PARTICIPATION IN THE MASTERS SWIMMING PROGRAM OR ANY ACTIVITIES INCIDENT THERETO, I HEREBY WAIVE ANY AND ALL RIGHTS TO CLAIMS FOR LOSS OR DAMAGES, INCLUDING ALL CLAIMS FOR LOSS OR DAMAGES CAUSED BY THE NEGLIGENCE, ACTIVE OR PASSIVE, OF THE FOLLOWING: UNITED STATES MASTERS SWIMMING, INC., THE LOCAL MASTERS SWIMMING COMMITTEES, THE CLUBS, HOST FACILITIES, MEET SPONSORS, MEET COMMITTEES, OR ANY INDIVIDUALS OFFICIATING AT THE MEETS OR SUPERVISING SUCH ACTIVITIES. In addition, I agree to abide by and be governed by the rules of USMS.

Signature _____ Date _____