

February Bubble!

Remember if you want to pop my bubble just reply to this e-mail with **“keep your bubbles to yourself” and I will remove you from the list!

Workout Locations

New workout location!

Those of you that live in the northern suburbs of Akron will have a new workout group coming on line soon. This group has an indoor pool and an outdoor pool for the summer! More details once I have them! This will be our ninth location! We might have a tenth one but it's still too early to tell...stay tuned.

Swim Meets

Shaker won the Pieter Cath Memorial meet! Congratulations to the sharks! Not only did the Sharks swim fast they were all sporting cool shark tattoos! Nice touch! It was great to see almost all our coaches on deck at this meet!! What a great opportunity for our coaches to see how the swimmers in their workout groups have improved. Hope all of you who attended had a fun time! A big thanks to coach Bob, Pete, Eric for coming to the meet! I have special thanks that will be going out to Eric of the Shaker Sharks for being the winning coach! Hat's off to our Meet directors Tom and Kevin for a job well done!

Final tally of points: Shaker 1,574 Lakewood 1,037 CSU 540 Orange 223

Our next meet will be Wooster the weekend of March 2nd and 3rd. hope to see you there. The application for the meet is on our web site.

Clinics

The Lake Erie LMSC will be hosting a stroke clinic February 24 and 25 a CSU. You should be getting some information on it from Laura Kessler who is in charge of the event.

What's HOT.... what's NOT

HOT:

Membership: We are ahead of last year as far membership in the club. If this keeps up we could be the third year in a row that we hit a record as far as club members!

Cold:

The weather! nasty!

Cold, cold and more cold!

Looks like the cold has finally set in YUCK, lucky for us the water temp does not change, although I heard that Solon heats the pool with snow!

See you the deck