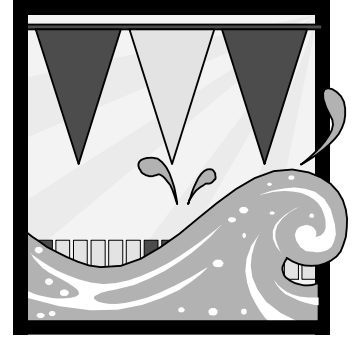


H2O*H*I*O

The O*H*I*O Masters
Swim Club Newsletter
March 2006



From the Deck

One Hour Postal

We are in the heat of entering the one-hour postal. What a job! We will have over 1600 entries to sort through. I want to thank Tom Spence, Laura Kessler, Doug and Marianne Brogan, and Margaret Bayless for all the time they have put into making sure that this event comes off without a hitch. Thanks for all your help.



Once a week work sessions are necessary to process the results of the One Hour Postal.

Pieter Cath Memorial Meet

Congratulations are in order for the Shaker Sharks for winning this year's Pieter Cath Memorial Meet.

Great Job! It was wonderful to see the number of swimmers and relays. Thanks again to everyone who attended. Speaking of meets, our next meet will be the Wooster Meet. Information is on line if you did not receive an entry form via snail mail ore-mail. See the *Upcoming Meets* pages of this newsletter for more information.



*The Pieter Cath Memorial Meet proved to be a favorite with O*H*I*O Masters swimmers!*

O*H*I*O Masters Swim Club Officers

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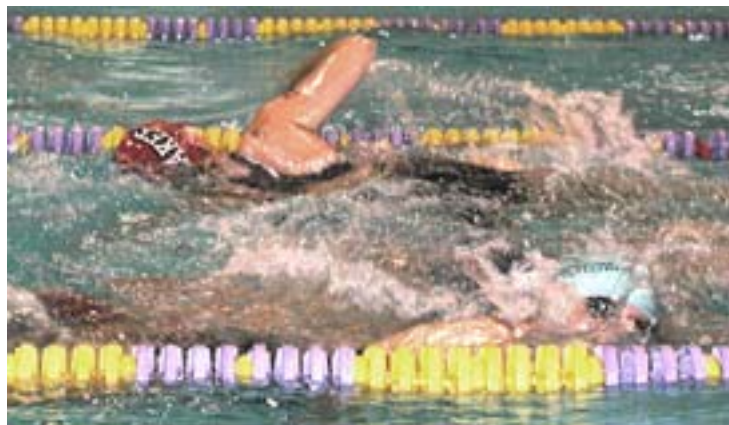
Tom Spence
talltom13@msn.com

Elections

This summer we will hold elections for President, Vice President and several board positions. If you are interested in running for any of these positions, contact one of the members of the Nominating Committee. Their names, contact information, and the nominating procedure can be found inside this newsletter. We are always looking for new people and new ideas.

State Championship Meet at The Ohio State University

The State Meet this year will be at The Ohio State University on April 1st. You can register on-line at <http://www.directathletics.com>. It's fast and easy to do. For everyone who attends we will be giving you an O*H*I*O Masters National team cap. Shaker won the Pieter Cath Memorial Meet by putting together relays. We can utilize the same strategy to win the State Meet. Along with the caps I have a special treat for everyone that comes down and swims for us at Ohio State. You can't miss this one! Additional information about the meet and the outstanding facility can be found in the *Upcoming Meets* pages of this newsletter.



Make plans to compete at the State Championship Meet at the beautiful new facility at The Ohio State University!

See you on the Deck

Dan

Leu Triplets Arrive!

Here is a message from David and Christie. Congratulations and best wishes.

Hi All,

Our triplets arrived in good shape at 36 weeks! Alexander is 4lb 5oz, Jason is 5lb, 12oz, and Diana is 4lb 12 oz. All are 19 inches long and doing well. Christie is doing well after her c-section and is looking forward to getting back to pool ASAP. We're looking forward to a lot of fun times with these three and Sophia and Natalie - now the FAB FIVE! Hope all of you are doing well.

David and Christie



UPCOMING MEETS

WOOSTER

O*H*I*O Masters Meet - (SCY) Ellen Shapiro Natatorium, 515 Oldman Road, Wooster, OH
Saturday, March 4 - Warmups: 3:00 PM Meet 4:00 PM
Sunday, March 5 - Warmups: 8:00 AM Meet 9:00 AM
Entry Form available at O*H*I*O Masters website (www.ohiomasters.com)

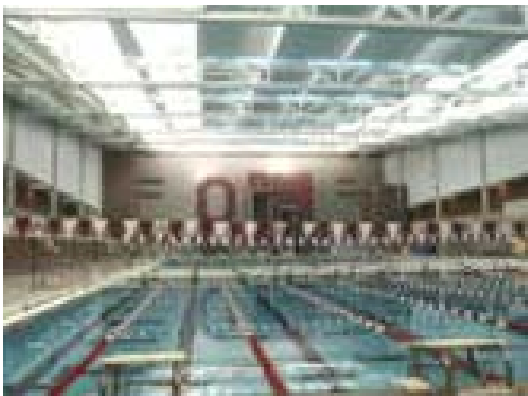
STATE CHAMPIONSHIP - OHIO STATE UNIVERSITY



The State Championship Meet is set for **APRIL 1, 2006** at the Bill and Mae McCorkle Aquatic Pavilion on the campus of The Ohio State University. "This newest addition to Ohio State's top-notch athletic facilities. Considered one of the finest competition pools in the nation, the McCorkle Aquatic Pavilion's new technology will provide a venue for some of the fastest times in the country."

The entry deadline is March 12th and can be done online through the O*H*I*O Masters website or by contacting Sophie Dryer at SDryer@iccoho.com or by phone at 614-353-6608. The meet begins at 10:30 AM, which should give swimmers adequate time to arrive from northeast Ohio.

O*H*I*O Masters plans to **WIN THE TEAM CHAMPIONSHIP!!**
If you are planning to enter the meet, e-mail Laura Kessler at swimlaura@ameritech.net. Laura is organizing relays for the meet.



Dimensions of the McCorkle Aquatic Pavilion

- 10 lanes of a 50 meter racing course
- 20 lanes of a 25 yard racing course
- 28 lanes of a 25 meter racing course
- 20 foot decks surrounding pools
- 3 championship water polo courses
- 4,638 square foot diving pool

AKRON

O*H*I*O Masters Meet - (SCM) Ocasek Natatorium, University of Akron
Saturday, July 8 - Warmups: 3:00 PM Meet 4:00 PM
Sunday, July 9 - Warmups: 8:00 AM Meet 9:00 AM

UPCOMING MEETS

LAKE ERIE OPEN WATER SWIM

Sponsored by O*H*I*O Masters Swim Club
USMS 1 Mile Open Water Championship
2 Mile Open Water Swim
Saturday July 29, 2006
Edgewater State Park, Cleveland, Ohio
Contact Tom Spence - talltom13@msn.com or
www.ohiomasters.com



Volunteers Needed!!

It's never too early to commit to volunteering at this year's Open Water Swim. The quality of the meet is directly correlated to the quality of the people who run it. If you are interested in helping out, contact Tom Spence.

FINA Masters World Championship - Stanford University



Masters swimming events will be held August 4-10th at the Avery Aquatic Center on the campus of Stanford University in Palo Alto, California. Information and entry forms can be found at www.2006finamasters.org. If you are planning to compete or attend and are interested in accommodations, contact Laura Kessler at swimlaura@ameritech.net.



Acclaimed as one of the largest swimming facilities in the nation, the former deGuerre Pool complex, named after Dorothy and Sidney deGuerre, was finished in 1972 at a cost of \$2,200,000. The newly renovated Avery Aquatic Center serves as the home for the men's and women's swimming and diving teams, the men's and women's water polo teams, and the synchronized swimming team. The complex includes four separate pools: the Avery Stadium Pool, the Maas Diving Center, the Belardi Pool, and the Baker Recreation Pool.

Pieter Cath Memorial Meet · Lakewood HS January 29, 2006



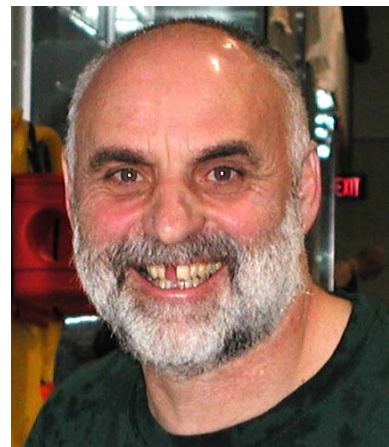
Congratulations to the Shaker Workout Group who captured the team championship.



As usual, under the direction of Tom Gorman (L) and Kevin McCardle (R), the head table ran a superb meet.



Congratulations and thanks to all of the coaches and swimmers who participated in the meet. The team concept has proven to be popular among O*H*I*O Masters members, as witnessed by the large number of swimmers who entered. We hope it will be an annual event.



Steve's smile sums it up - the Lakewood Meet was and a great deal of FUN!!



Rick and Tom ponder their next races.

Workout Locations

Lakewood HS - Fall, Winter, Spring

- **Facility:** Lakewood High School
- **Location:** Lakewood High School
- **Schedule:** Mon & Wed 7:30pm - 8:30pm
Thurs 8:30pm-9:30pm, Sat 7:30am-9:00am
Sun 12:30pm-2:00pm
- **Coach on Deck:** Bob Babiak or Jim Hlavaty
- **Contact:** Judi Norton 216-228-3686 or by e-mail
- judinorton@yahoo.com or Gerry Meyer 216-651-7928

Solon High School

- **Facility:** Solon High School pool
- **Location:** 33600 Inwood Drive
- **Schedule:** Mon, Tues, Wed, Thurs: 8:00-9:15pm
Tues & Thurs: 5:30-7:00am, Sat 7:00-10:00am
- **Coach on Deck:** Mike Davidson
- **Contact:** Mike Davidson
- mikedavidson2002@hotmail.com

Cleveland State University

- **Facility:** Busbey Natatorium 2451 Euclid Ave.
- **Schedule:** Mon, Wed, Fri 6:00am to 7:30am
- **Coach on Deck:** Gus Barrios
- **Contact:** Gus Barrios, 216-687-4813 or
- g.barrios@csuohio.edu



Cleveland State University Natatorium

Shaker Heights

- **Facility:** Woodbury Pool
- **Location:** 15400 South Woodland Road
- **Schedule:** Tues & Thurs 5:45am - 7:15am
Sat 7:00am -8:15 a.m
- **Coach on Deck:** Eric Peterson
- **Contact:** Eric Peterson/Sara Tobin 216-295-4163

Orange- Winter/Spring

- **Facility:** Orange High School.
- **Location:** 32000 Chagrin Blvd, Pepper Pike
- **Schedule:** Mon & Wed 7:30pm - 9:00pm
Sat 7:30am -9:00am
- **Coach on Deck:** Peter Finefrock
- **Contact:** Tom Spence
- talltom13@msn.com



Orange High School Pool

Kent

- **Facility:** Student Recreation & Wellness Center
- **Location:** Ted Boyd Dr., Kent, OH 44240.
- **Schedule:** Tues: 7:30-9:00 pm
Thurs: 6:30-8:00 a.m.
- **Coach on Deck:** Katie Amer
- **Contact:** madatkbff@yahoo.com or
- Aquatic Coordinator Mindi McBride
mmcbride@kent.edu - 330-672-0480



Annual Meeting



The O*H*I*O Masters Swim Club Annual Meeting has been set! This year's event will be Sunday, June 24th at 5:00 PM. The event will be held at the Sweetwater Landing Restaurant at the Emerald Necklace Marina in Cleveland's Rocky River Metropark in Lakewood. Sweetwater Landing is part of the Sweetwater Restaurant Group that includes Play-

ers on Madison and the Cafe Sausalito. We guarantee that the food will be excellent!

One item on the agenda of the Annual Meeting is the nomination and election of Board positions. This year, President, Vice-President and several Board positions will be up. If you are interested in any of these posts, contact a member of the Nominating Committee. They are:

Kristen Bergmann - kbergmann@insp-eng.com

Doug Brogan - fittotogether@aol.com

Dave Barberic - d.barberic@comcast.net

You can also contact Doug Brogan by phone at 440-835-0142.



It is with regret that we announce the resignation of Board member Ellen Collins. Ellen will be moving to Washington D.C. We appreciate Ellen's contributions as a Board member, but more importantly, we will miss her.

Great Prices at CAS Sale

CAS would like to reduce its inventory of O*H*I*O Masters and USMS items. Consequently, these items have been reduced to rock bottom prices. Items that have the O*H*I*O Masters logo include: Long Sleeve Mock T's, Short Sleeve T's, Short Sleeve Polos, Women's Speedo Suits, and Men's Speedo Suits. Items that have the USMS logo are primarily shirts in a variety of styles. Call CAS for specific sizes and prices. There are limited quantities available.

CAS Competitive Aquatic Supply 7233 Whipple Ave, NW North Canton, OH 44720 PH: 330-498-9179 FAX: 330-498-9175 Mon 9-6 Tues-Fri 9-5 Sat 10-2	PARK CENTRE CAS	PORTAGE
	WHIPPLE	EVERHARD

LOGO Designer Needed: for USMS 1 Mile Open Water National Championship

The O*H*I*O Masters Swim Club will be the host for the 2006 USMS 1 Mile Open Water National Championship on July 29, 2006 at Edgewater Beach State Park in Cleveland. This event needs a logo for tee-shirts, promotional items, and the event entry form. The club is having a contest for this logo and the winning designer will be awarded \$200. You must be a member of the Ohio Masters Swim Club to enter and all entries should be emailed to Doug Brogan at FitTogether@aol.com by April 1st for judging by the Ohio Masters Swim Club's board of directors. For additional information, contact Doug Brogan at 440-835-0142.

1ST PRIZE

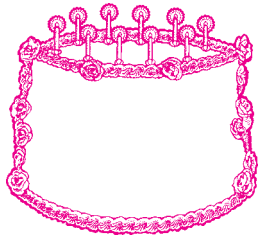
Registrar's Report

As of February 17, O*H*I*O Masters Swim Club has 292 members, which is comparable to our February 2005 membership level. 49 of our members are new this year, and 243 have renewed their 2005 membership. 70% of our members have reported that they attend one or more of the several workout groups affiliated with O*H*I*O Masters. 60% of our members are male, and 40% are female. Our oldest members were born in 1916 and our youngest member was born in 1987, a 71 year age span. The largest percentage of our members were born in the 1950's.

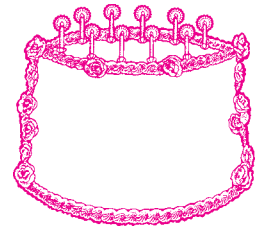
Some 2005 members have not yet renewed their memberships for 2006. For your convenience, a renewal form is included in this newsletter. Alternatively, the renewal forms can be found on our website, www.ohiomasters.com: click on "join the team". We hope you will consider joining us again this year. Please remember that USMS and O*H*I*O Masters membership is required in order to attend any of our swim workout groups. Renew now to continue receiving the O*H*I*O Masters newsletter!!

*Welcome New O*H*I*O Masters Members*

Barbara J.	Albani	Roger S.	Karp	Patrick J.	Murray
Jeffrey C.	Bailey	Pamela A.	Kent	Phyllis E.	Neagoy
Coleen M.	Barta	Paula L.	Kertes	Susan M.	O'Donnell
Mitchell E.	Berman	Wayne C.	King	Lars R.	Petersen
Robert C.	Brauning, Jr.	Rick	Kinkopf	Timothy M.	Ritt
Mary E.	Castiglione	Roman E.	Kniahynyckyj	David G.	Rotthoff
Matt	Collister	Dana L.	Kowalski	Tracy H.	Seifert
Jennifer S.	Davila	Claire	Lederman	Seth J.	Silberman
Cameron R.	Dovgan	Chad W.	Lutz	Paul J.	Southerland
Robert A.	Fellinger	Scott A.	Marsh	Tracy A.	Southerland
Gerhard W.	Filker	Robert G.	McDonald	Tony	Thomas
Katie L.	Gallup	Steven M.	McKee	Joe L.	Walker
Laura E.	Ganim	Michael J.	McQueen	Douglas J.	Webb
Silvia	Garcia-Luengo	Linda M.	McRoberts	Mark F.	Welker
Art W.	Good	Mark T.	Miller	Melissa M.	Wesorick
Andrea M.	Gray	Justin J.	Montemorano	Terri M.	Wilke
Jason L.	Heiss				



Birthday Greetings



Roudebush George	5/1	81	Parker Tom	2/10	52	Debernardi Linda	4/25	42
Foster Warren A.	5/17	81	Wheeler Edward J.	3/12	52	Janisse Debbie K.	3/31	41
Russ Betty J.	4/26	79	Rame Enrique	4/2	51	Gordillo Christine	4/14	41
Van Dijk Peter	2/13	77	Stead Graham B.	4/28	51	St. John Bryce C.	4/21	41
Mitchell Dennis	2/15	74	Thaler Donald C.	4/14	50	Wilson Jacqueline M.	2/13	39
Lamb Bob A.	4/21	74	Lawrence Chuck	2/23	49	Kearney Keith J.	3/19	38
Waite Nancy A.	4/15	72	Coburn Christopher M.	3/3	49	Wesorick Melissa M.	4/23	38
Heid Edward W.	2/25	70	Kinkopf Rick	3/25	49	Thompson Joanne E.	3/12	37
Dolbey, Jr. James M.	2/26	69	Killpack Steven R.	4/24	49	Witt Ann M.	3/19	37
Hall Prudence J.	3/10	68	Beck Pam M.	5/2	49	Ritt Timothy M.	4/9	37
Gerhardt Mario G.	4/4	66	Telzrow Therese M.	5/3	49	Cowan Theodore R.	5/1	37
Washburn Keith E.	4/3	62	Halfon Ellen E.	5/19	49	Albani Barbara J.	4/23	36
Greenfield Harry	5/15	63	Siegel Joanne L.	2/17	47	Smrdel Melissa D.	5/8	36
Ryan Dennis	4/22	60	Tompkins Gregory R.	3/10	47	Bush Joe M.	4/27	35
Brauning Robert C.	3/23	59	Kelly Daniel B.	3/20	47	Fellinger Robert A.	5/4	35
Allen Bruce C.	3/28	59	Esposito Thomas M.	4/10	47	Dunkle Iris J.	2/4	32
Carly Frances J.	5/10	58	McRoberts Linda M.	3/6	46	Juergens Jeffrey R.	5/5	31
Peck Jeffrey W.	5/31	57	Berman Mitchell E.	3/11	46	Rawlin Meggan A.	3/13	30
Solomon Lanny M.	3/9	55	Stultz Todd W.	3/29	46	Ganim Laura E.	3/4	29
Dorsch Bill	5/31	55	Miller Mark T.	5/27	46	Jones Megan E.	3/21	29
Kosar Kate	2/14	54	Bishop Janet E.	5/27	46	Bernazzoli Sarah J.	3/28	27
Simmons Paul	4/11	54	Zellers Debra K.	3/28	45	Peric Georgian M.	2/21	26
Horsfield Stephen .	4/19	54	Welker Mark F.	5/6	45	Trocchio Lauren L.	3/1	26
Kramer Reginald	4/21	54	Southerland Paul J.	5/16	45	McGee Nicole	3/26	26
Korner Dale	5/29	54	Battle Glenn H.	5/11	45	Richmond Eric F.	4/30	26
Boyce Robert	3/15	53	Miralia Ben	4/4	44	Jimmison Tyrone M.	4/30	26
Rothenberg Diane	3/20	53	Hardy Thomas P.	4/8	44	Stirgwolt Abbey M.	2/27	21
Donnelly Mary Alice	3/20	53	Vernon Lance T.	3/19	43	Kowalski Dana L.	4/6	20

OMSC Meet Entry Info

Club members are reminded that information and entry forms for the club's meets are available at the club's website. If you do not have a computer and wish to receive this information via regular mail, you must send your name, address, and phone number to: Kevin McCardle, 3702 Winchell Road, Shaker Hts., OH 44122. Other recipients of this newsletter can also add themselves to this mailing list by sending Kevin their information.

